



DUKE OF EDINBURGH'S AWARD: KIT LIST

2 DAYS/1 NIGHT EXPEDITION

Clothing & footwear

1 pair of walking boots (broken in)
2 pairs of walking socks
2 t-shirts
1 fleece top or similar
1 pair of walking trousers or similar (NOT jeans)
Spare underwear
Nightwear
Hat & gloves or sunhat (weather dependent)
Waterproof trousers
Waterproof jacket

Team kit (PROVIDED BY SCHOOL)

Tents
Stove, pans and fuel
Maps & map cases
First aid kit & survival bag
High vis vest

Personal kit

Rucksack (minimum 60-65 litre)
Rucksack liner or plastic/rubbish bags
Sleeping mat
Sleeping bag (2-3 season)
Sleeping bag liner (optional)
Torch (head or hand held)
Watch
Water bottle or hydration system (1-2 litres)
Plate/bowl (plastic)
Mug (plastic)
Knife, fork, spoon (or 'Spork')
Wash kit, personal first aid/medication and personal hygiene items
Anti-bacterial hand gel
Baby wipes and/or toilet paper
Sun cream, sunglasses, insect repellent (if appropriate)

NO Swiss Army/pen knives