



## **DUKE OF EDINBURGH'S AWARD: KIT LIST**

### **2 DAYS/1 NIGHT EXPEDITION**

#### **Clothing & footwear**

1 pair of walking boots (broken in)  
2 pairs of walking socks  
2 t-shirts  
1 fleece top or similar  
1 pair of walking trousers or similar (NOT jeans)  
Spare underwear  
Nightwear  
Trainers or similar (for use at campsite)  
Hat & gloves or sunhat (weather dependent)  
Waterproof trousers  
Waterproof jacket

#### **Group kit (PROVIDED BY SCHOOL)**

Tent  
Stove, pans and fuel  
Maps & map cases  
First aid kit & survival bag  
High vis vest

#### **Personal kit**

Rucksack (minimum 60-65 litre)  
Rucksack liner or plastic/rubbish bags  
Sleeping mat  
Sleeping bag (2-3 season)  
Sleeping bag liner (optional)  
Torch (head or hand held)  
Watch  
Water bottle or hydration system (1-2 litres)  
Plate/bowl (plastic)  
Mug (plastic)  
Knife, fork, spoon (or 'Spork')  
Wash kit, personal first aid/medication and personal hygiene items  
Anti-bacterial hand gel  
Baby wipes and/or toilet paper  
Sun cream, sunglasses, insect repellent (if appropriate)

#### **NO Swiss Army/pen knives**