

Physical Education

OCR A Level
Course tutor
 Miss M Pearson

Category	Information
Course entry requirement	General A level entry requirements. A grade 5 in GCSE PE or Sports Science preferred. If a level 2 BTEC course or Sports Science is completed in year 11 we recommend a distinction grade.
Course description <i>What will I be studying and doing?</i> <i>How much theory, how much applied or practical?</i>	The course offers students a unique opportunity to follow their interest in sport and fitness. <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p><u>COMPONENT 1-</u> Physiological Factors Affecting Performance. 30% of total.</p> <p><u>COMPONENT 2-</u> Psychological Factors Affecting Performance. 20% of total.</p> </div> <div style="width: 45%;"> <p><u>COMPONENT 3-</u> Socio-Cultural Issues in Physical Activity & Sport. 20% of total.</p> <p><u>COMPONENT 4 -</u> Performance in Physical Education/ Evaluation & Analysis of Performance for Improvement (EAPI). 30% of total. Performance/Coaching in 1 Sport.</p> </div> </div>
Coursework <i>What do I have to do for coursework, and when?</i>	The coursework aspect of the course is the EAPI, where students will be expected to analyse & evaluate a performance verbally having made written notes. This forms part of component 4 with the practical performance. We also expect students to be competing at club level regularly to aid in the EAPI completion.
Final examination <i>What's the final exam like?</i>	<ul style="list-style-type: none"> Component 1 - 2 Hour written paper - 90 marks in total - Combination of multiple choice, short answer and extended writing questions Component 2 - 1 Hour written paper - 60 marks - Combination of multiple choice, short answer and extended writing questions Component 3 - 1 Hour written paper - 60 marks - Combination of multiple choice, short answer and extended writing questions Component 4 - 60 marks - Internal assessment of practical performance, external moderation of performance in one sport. - EAPI Video/ Recorded coursework discussion.
Post-18 Opportunities and Employment	The course is suitable for students who are aiming to go on to university and study a sports related degree, teacher training, sports analyst, sports psychologist, physiotherapy, nutritionist, etc. or progress onto higher training apprenticeships within the sport and leisure industry.